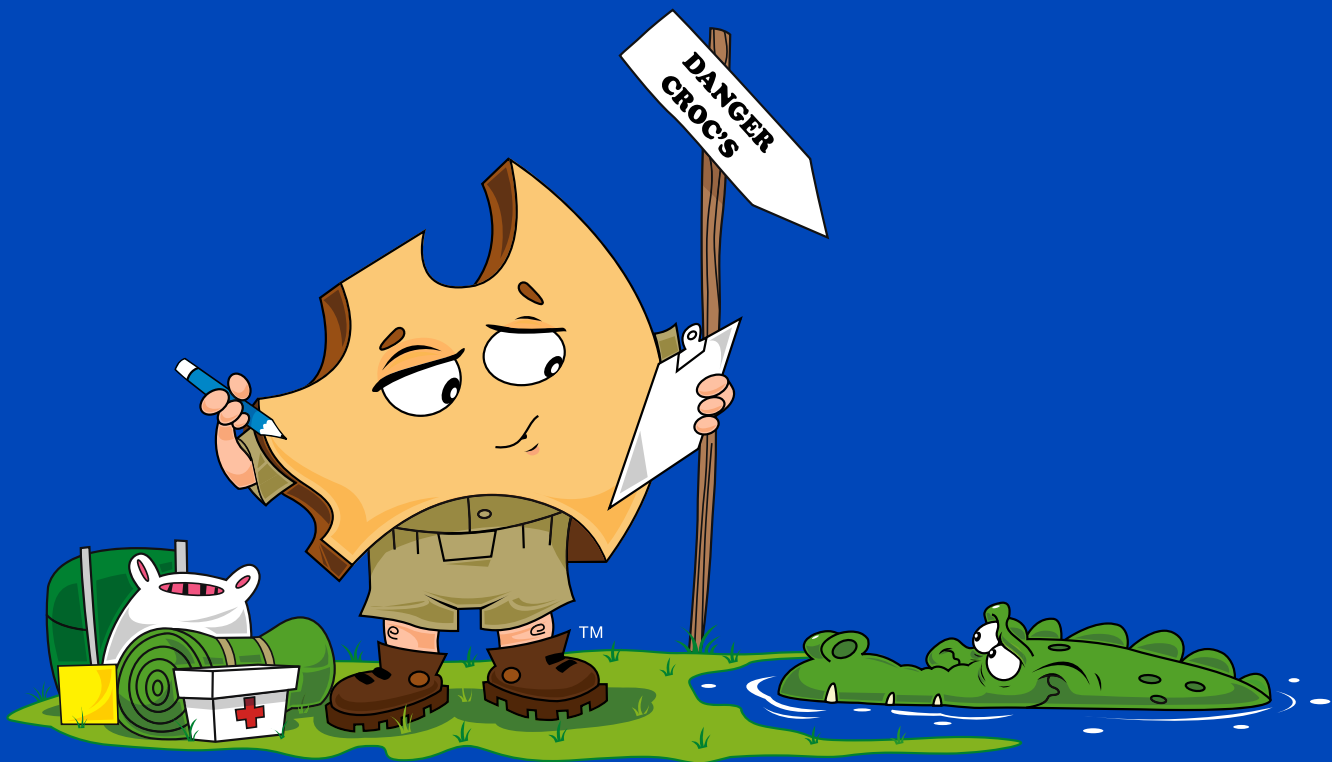


Develop your students

OUTDOOR recreation skills



Explore the PDHPE Stage 6 Preliminary Course
Outdoor Education **Option 4**



Where learning is fun



What is the value of outdoor recreation? What are the technical skills and understanding needed for safe participation in outdoor recreation? What impact does group dynamics have on the outdoor experience?

Stage 6 Preliminary Course Option 4 Outdoor Recreation

This program provides students with the opportunity to develop leadership skills and the ability to work in teams. We focus on developing the skills, understanding and attitudes necessary for safe participation in outdoor recreation activities by undertaking practical learning experiences in the technical skills of campcraft, navigation and survival action.

Students also analyse the interpersonal aspects that enhance the effectiveness of groups in outdoor recreation settings and are required to think critically about the benefits of outdoor recreation and issues such as conservation and managing risk.

Working cooperatively using skills such as:

- map reading
- orienteering and compass work
- abseiling/canoeing
- route planning
- wilderness/remote area first aid
- conflict resolution
- communication.

The students learn:

- Planning skills
- Navigation skills
- Leadership skills
- Camp site selection
- Conservation skills
- Leadership styles
- Facilitation skills
- Understanding strengths and weaknesses

All of our programs are developed by our highly trained team members who are always happy to tailor a program to suit your needs. Team Members are also available for presentations to teachers, parents and students at your school.

Sample Program

Day One

- Lunch
- Orientation Walk
- Adventure Activities ie. Half Day Hike
- Afternoon Tea
- Dinner
- Shower
- Night Activity
- Camp Fire

Day Two

- Rise and Shine/Breakfast
- Adventure Activities ie. Giant Swing
- Morning Tea
- Adventure Activities ie. Half Day Canoe
- Lunch
- Adventure Activities ie. Navigation Skills
- Dinner
- Shower
- Night Activity
- Camp Fire

Day Three

- Rise and Shine/Breakfast - Pack Up
- Iron Man Contest
- Morning Tea
- Adventure Activities ie. Leap of Faith
- Lunch
- Depart Camp

The Great Aussie Bush Camp provides tailor made and curriculum-centred outdoor education programs free from the stresses associated with planning school camps. As industry leaders, we offer consistently great service, the widest choice of activities available in Australia, and a family friendly atmosphere; all in an authentic Aussie environment.



For bookings and general enquiries: Free Call 1800 887 717 Now!

The Great Aussie Bush Camp, Pacific Highway, Tea Gardens NSW 2324 Email: aussie@bushcamp.com.au